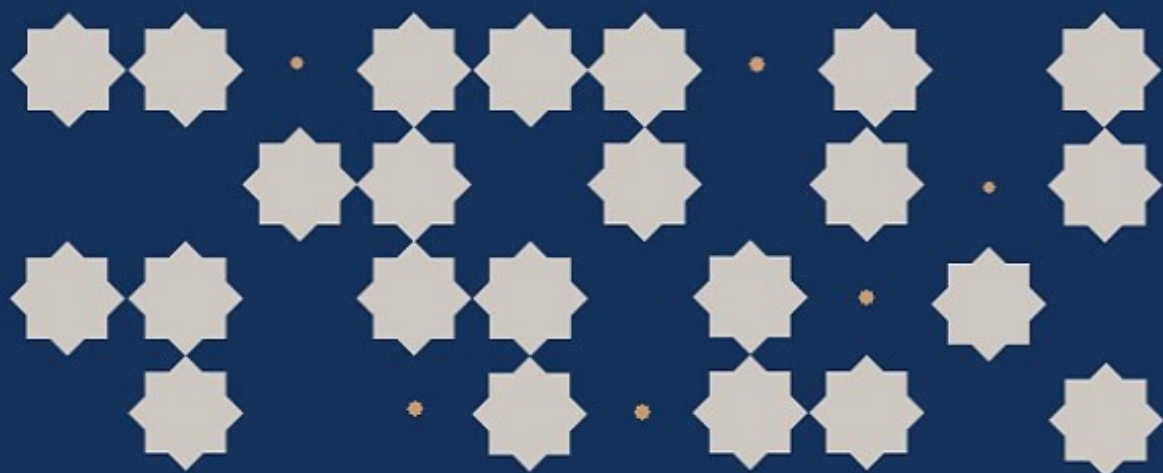


THE SHA'BANIYAH SUPPLICATION

(In English & Arabic)

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An Introduction to the Sha'baniyah Supplication

Praying and supplicating God are one of the best ways to communicate with God, get close to Him and to reach a good state of mind. When we want to recite a supplication, we must also accept one premise, and that is that words have an effect in the world.

Sometimes the effect of words is even more than any action. It is the same in relationships between people.

Sometimes the effect of words is more than any other thing. God does not need our words, but words are effective in bringing us closer to Him.

Those who understand this introduction become the people who remember God and the people who recite prayers and supplications.

Among the supplications that have reached us, the Sha'baniyah Supplication is one of the most beautiful, most special, richest of these supplications. This supplication, which is an authentic document, was narrated from the Commander of the Faithful, Ali (as). It has been mentioned in the traditions that all the Infallible Imams were diligent in reciting this supplication in the month

What have the religious authorities and scholars said about this supplication?

The religious authorities and scholars of our time have also emphasized reciting this supplication. Some of the recommendations of recent scholars are as follows:

Ayatollah Khamenei,

“This is one of the supplications whose mystical tone and eloquent language are associated with very lofty themes, and it is full of great knowledge that cannot be found in ordinary languages and conversations.

This supplication is a perfect example of a supplication and describes the state of the chosen, most righteous servants of God when talking with their Lord, their Beloved. It is both a lesson that brings understanding, and is a model of a believer's talking to God about his situation and asking Him.”

Ayatollah Makarim Shirazi,

“This supplication is so great and lofty in terms of its content that it is proof of the validity of its documentation, and one can clearly understand that such words could not have come from anyone except for the Immaculate Imams.

Reciting this supplication, which has a very deep, high meaning, is recommended for everyone at all times.”

Ayatollah Javadi Amoli,

“The Sha’baniyah Supplication is a great supplication among the supplications, because the high teachings contained in it are not found in many supplications. It is said in this supplication that when we are in God’s presence, we are both needy and in need of His attention.”

Imam Khomeini,

“Have you ever read the Sha’baniyah Supplication? Read it. The Sha’baniyah Supplication is such a supplication that if a person pursues it and thinks about it, it will raise a person to a high spiritual state.” Also, he was asked, “Among all the supplications, which are you the fondest of?”

He said the Sha'baniyah Supplication and the Kumayl Supplication.

Ayatollah Motahhari,

“By reciting this supplication, a person can understand the spirit of supplications in Islam. This supplication is nothing but mysticism, affection, love for God and spirituality.”

How to read this supplication?

Supplications can be read in several ways. You can recite a supplication to study it "out of curiosity." Or you can recite a supplication "to think about it." And you can also recite a supplication in a state of beseeching Him and crying.

When a private talk and supplication between the Commander of the Faithful (as) and God Almighty is recorded somewhere, a person's curiosity should truly be aroused.

One should look and see what conversation took place between them? Suppose you are behind the door of a room where Ali bin Abi Talib (as) is supplicating God and his voice when supplicating God can be heard. If you are allowed to hear his voice, wouldn't you be curious to find out what topics the Commander of the Faithful (as) brings up when talking to and supplicating God?

One of the most virtuous acts of worship is contemplation, but "What should we think about?" One thing we can do is to put the text of this supplication in front of us. After we read it one time with its translation and become familiar with its themes, we should go back and contemplate over this supplication again while "thinking."

Reading supplications and crying while praying are very beautiful on their own, but thinking is not a small deed either. Sometimes the value of thinking may be higher than shedding tears. If one finds this supplication to be appealing to him after studying and pondering over it, he should begin to read and recite the phrases of this supplication in a "whisper" in a place of solitude where there is just God and himself. In fact, "supplicating God [munajat]" means whispering to Him.



The text of the
**SHA'BANIYAH
SUPPLICATION**

along with its English translation
part by part



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَاسْمَعْ دُعَائِي إِذَا
دَعَوْتُكَ، وَاسْمَعْ نِدَائِي إِذَا نَادَيْتُكَ، وَأَقْبِلْ عَلَيَّ إِذَا
نَاجَيْتُكَ، فَقَدْ هَرَبْتُ إِلَيْكَ، وَوَقَفْتُ بَيْنَ يَدَيْكَ مُسْتَكِيناً
لَكَ، مُتَضَرِّعاً إِلَيْكَ، رَاجِئاً لِمَا لَدَيْكَ ثَوَابِي



**In the Name of God, the
Compassionate, the Merciful**

My Lord, bestow Your blessings on Muhammad and his descendants. Hear my prayer when I pray to You, listen to my call when I call You, and turn to me when I make my submission to You in confidence. I have come running to You and am standing before You, imploring You in humility and indigence, and hoping to get the reward You have for me.

وَتَعْلَمُ مَا فِي نَفْسِي، وَتَخْبُرُ حَاجَتِي، وَتَعْرِفُ
ضَمِيرِي، وَلَا يَخْفَى عَلَيْكَ أَمْرٌ مُنْقَلَبِي وَمَثْوَايَ، وَمَا
أُرِيدُ أَنْ أُبْدِيَ بِهِ مِنْ مَنْطِقِي، وَأَتَفَوَّهُ بِهِ مِنْ
طَلِبَتِي، وَأَرْجُوهُ لِعَاقِبَتِي



You know what is in my heart, and You are aware of what I need. You know me and nothing is hidden from You. You know where I am going and You are not unaware of my future, what I want to begin my speech with, the request I wish to utter, or of the hopes I have in regard to my ultimate fate.

وَقَدْ جَرَتْ مَقَادِيرُكَ عَلَيَّ يَا سَيِّدِي فِيمَا يَكُونُ مِنِّي
إِلَى آخِرِ عُمْرِي مِنْ سَرِيرَتِي وَعَلَانِيَتِي وَبَيْدِكَ لَابِيدِ
غَيْرِكَ زِيَادَتِي وَنَقْصِي وَنَفْعِي وَضَرِّي .



My Master, whatever You have destined for me up to the end of my life, whether concerning the open aspects of my life or the hidden aspects of it, is bound to come about. What is to my advantage and what is to my disadvantage - all my losses and gains - are in Your hand, and not in the hand of anyone else.

إِلَهِي إِنْ حَرَمْتَنِي فَمَنْ ذَا الَّذِي يَرْزُقُنِي ؟ وَ إِنْ
خَذَلْتَنِي فَمَنْ ذَا الَّذِي يَنْصُرُنِي؛ إِلَهِي أَعُوذُ بِكَ مِنْ
غَضَبِكَ وَحُلُولِ سَخَطِكَ . إِلَهِي إِنْ كُنْتُ غَيْرَ
مُسْتَأْهِلٍ لِرَحْمَتِكَ فَأَنْتَ أَهْلٌ أَنْ تَجُودَ
عَلَيَّ بِفَضْلِ سَعَتِكَ .



My Lord, if You deprive me, who will be
able to provide me with sustenance.

If You debase me,

who will be able to help me?

My Lord, I seek Your protection from
Your wrath and from earning Your
displeasure. My Lord, if I am not
deserving of gaining Your mercy, You
are certainly deserving to be generous
to me by virtue of Your magnanimity.

إِلٰهِي كَأَنِّي بِنَفْسِي وَاقِفَةٌ بَيْنَ يَدَيْكَ وَقَدْ أَظَلَّهَا حُسْنُ
تَوَكُّلِي عَلَيْكَ فَقُلْتَ مَا أَنْتَ أَهْلُهُ وَتَغَمَّدْتَنِي بِعَفْوِكَ .



My Lord, I see that it is as if I am standing before You with all my being and all my trust is in You. You have done what befitted You and covered me with Your forgiveness.

إِلٰهِهِ إِنِّ عَفَوْتَ فَمَنْ أَوْلَىٰ مِنْكَ بِذٰلِكَ ؟ وَإِن كَانَ قَدْ
دَنَا أَجَلِي وَلَمْ يُدْنِنِي مِنْكَ عَمَلِي فَقَدْ جَعَلْتُ الْإِقْرَارَ
بِالذَّنْبِ إِلَيْكَ وَسِيلَتِي . إِلٰهِهِ قَدْ جُرْتُ عَلَىٰ نَفْسِي فِي
النُّظْرِ لَهَا فَلَهَا الْوَيْلُ إِن لَّمْ تَغْفِرْ لَهَا . إِلٰهِهِ لَمْ يَزَلْ
بِرِّكَ عَلَيَّ أَيَّامَ حَيَاتِي فَلَا تَقْطَعْ بِرِّكَ عَنِّي فِي مَمَاتِي .



My Lord, if You forgive me, who is more suited than You to do so? If the time of my death has come near and my deeds have not yet brought me close to You, I make this confession of my sins a means of approaching You.

I have been unjust to my soul for I have not taken care of it, and it will certainly be doomed if You do not forgive me.

My Lord, You have always been kind to me during my lifetime. Therefore, do not cut off Your favor from me at the time of my death.

إِلَهِي كَيْفَ آيَسُ مِنْ حُسْنِ نَظْرِكَ لِي بَعْدَ مَمَاتِي
وَأَنْتَ لَمْ تُؤَلِّنِي إِلَّا الْجَمِيلَ فِي حَيَاتِي؛ إِلَهِي تَوَلَّ
مِنْ أَمْرِي مَا أَنْتَ أَهْلُهُ، وَعُدْ عَلَيَّ بِفَضْلِكَ عَلَيَّ
مُذْنِبٍ قَدْ غَمَرَهُ جَهْلُهُ .

إِلَهِي قَدْ سَتَرْتَ عَلَيَّ ذُنُوبًا فِي الدُّنْيَا وَأَنَا أَحْوَجُ إِلَى
سِتْرِهَا عَلَيَّ مِنْكَ فِي الْآخِرَى .

إِلَهِي قَدْ أَحْسَنْتَ إِلَيَّ إِذْ لَمْ تُظْهِرْهَا لِأَحَدٍ مِنْ
عِبَادِكَ الصَّالِحِينَ فَلَا تَفْضَحْنِي يَوْمَ الْقِيَامَةِ عَلَيَّ
رُؤُوسِ الْأَشْهَادِ .



My Lord, how can I lose hope of Your looking at me kindly after my death, when You have always been good to me during my life.

My Lord, with regard to me, do what befits You and bestow Your favor on me, a sinner encircled by his ignorance. My Lord, You have concealed many of my sins in this world. I am in greater need of their being concealed in the next. As You have not revealed my sins even to any of Your pious servants, do not expose me on the Day of Resurrection to anyone.



إِلَهِي جُودُكَ بَسَطَ أَمَلِي، وَعَفْوُكَ أَفْضَلُ مِنْ عَمَلِي .
إِلَهِي فَسِّرْني بِإِلِقَائِكَ يَوْمَ تَقْضِي فِيهِ بَيْنَ عِبَادِكَ .
إِلَهِي اعْتِذَارِي إِلَيْكَ اعْتِذَارٌ مَنْ لَمْ يَسْتَغْنِ عَنْ قَبُولِ
عُذْرِهِ فَاقْبَلْ عُذْرِي يَا أَكْرَمَ مَنْ اعْتَذَرَ إِلَيْهِ
الْمُسِيئُونَ؛



My Lord, Your generosity has increased my aspiration, and Your forgiveness is superior to my deeds. My Lord, so gladden my heart by allowing me to meet You on the day You judge between Your servants.

My Lord, my apology to You is the apology of him who cannot afford for his apology to not be accepted. So accept my apology, You are the most magnanimous of those to whom the evildoers present their apologies.

إِلَهِي لَا تَرُدُّ حَاجَتِي، وَلَا تُخَيِّبْ طَمَعِي، وَلَا تَقْطَعْ مِنْكَ
رَجَائِي وَأَمَلِي. إِلَهِي لَوْ أَرَدْتَ هَوَانِي لَمْ تَهْدِنِي، وَلَوْ
أَرَدْتَ فَضِيحَتِي لَمْ تُعَافِنِي. إِلَهِي مَا أَظُنُّكَ تَرُدُّنِي فِي
حَاجَةٍ قَدْ أَفْنَيْتُ عُمْرِي فِي طَلِبِهَا مِنْكَ. إِلَهِي فَلَكَ
الْحَمْدُ أَبَدًا أَبَدًا دَائِمًا سَرْمَدًا يَزِيدُ وَلَا يَبِيدُ كَمَا تُحِبُّ
وَتَرْضَى.

My Lord, do not turn down my request, do not decline my yearnings, and do not cut off my hope and wishes from You. My Lord, if You had wanted to disgrace me, You would not have guided me. And if You had wanted to expose my faults and vices, You would not have kept me safe and sound.

My Lord, I do not think that You will turn down my request in asking You for that which I have spent my whole life.

My Lord, all praise is due to You, always and forever, growing and not diminishing, as You like and please.



إِلَهِي إِنْ أَخَذْتَنِي بِجُرْمِي أَخَذْتُكَ بِعَفْوِكَ، وَإِنْ
أَخَذْتَنِي بِذُنُوبِي أَخَذْتُكَ بِمَغْفِرَتِكَ، وَإِنْ أَدْخَلْتَنِي
النَّارَ أَعْلَمْتُ أَهْلَهَا أَنِّي أُحِبُّكَ . إِلَهِي إِنْ كَانَ صَغُرَ فِي
جَنْبِ طَاعَتِكَ عَمَلِي فَقَدْ كَبُرَ فِي جَنْبِ رَجَائِكَ أَمَلِي .



My Lord, if You condemn me for my crimes, I will cling to Your forgiveness. If You hold me for my sins, I will cling to the hope of Your pardoning me. If You throw me into Hell, I will tell its inmates that I love You.

My Lord, if my deeds are too small in relation to how I should have obeyed You, my aspirations are high with what I should expect from You.

إِلَهِي كَيْفَ أَنْقَلِبُ مِنْ عِنْدِكَ بِالْخَيْبَةِ مَحْرُومًا وَقَدْ
كَانَ حُسْنُ ظَنِّي بِجُودِكَ أَنْ تَقْلِبَنِي بِالنَّجَاةِ
مَرْحُومًا؟! إِلَهِي وَقَدْ أَفْنَيْتُ عُمْرِي فِي شِرَّةِ السَّهْوِ
عَنكَ، وَأَبْلَيْتُ شَبَابِي فِي سَكْرَةِ التَّبَاعُدِ مِنْكَ .
إِلَهِي فَلَمْ أَسْتَيْقِظْ أَيَّامَ اغْتِرَارِي بِكَ، وَرُكُونِي إِلَى
سَبِيلِ سَخَطِكَ؛



My Lord, how can I go away from You unsuccessful and disappointed when I had the high hope that You would be forgiving and send me on while enjoying safety and deliverance.

My Lord, I have wasted my life with a greed for forgetting You and I have ruined my youthhood lost in keeping myself away from You.

My Lord, I did not wake up when I was arrogant with respect to You and was inclined to earn Your displeasure.

إِلٰهِي وَأَنَا عَبْدُكَ وَأَبْنُ عَبْدِكَ قَائِمٌ بَيْنَ يَدَيْكَ،
مُتَوَسِّلٌ بِكَرَمِكَ إِلَيْكَ . إِلٰهِي أَنَا عَبْدٌ أَتَنَصَّلُ إِلَيْكَ مِمَّا
كُنْتُ أَوَاجِهُكَ بِهِ مِنْ قِلَّةِ اسْتِحْيَائِي مِنْ نَظْرِكَ،
وَأَطْلُبُ الْعَفْوَ مِنْكَ إِذِ الْعَفْوُ نَعْتٌ لِكَرَمِكَ.



My Lord, I am Your servant and the child of Your servant. I am standing before You, and I am trying to use Your own magnanimity as a means of approaching You.

My Lord, I am a servant of Yours. I wish to rid myself of the sins I used to commit in Your presence because I lacked a sense of feeling ashamed that You were watching me. I request You to forgive me, because forgiveness is a characteristic of Your kindness.

إِلٰهِي لَمْ يَكُنْ لِي حَوْلٌ فَأَنْتَقَلَ بِهٖ عَن مَّعْصِيَتِكَ إِلَّا
فِي وَقْتٍ أَيْقَظْتَنِي لِمَحَبَّتِكَ، وَكَمَا أَرَدْتَ أَنْ أَكُونَ
كُنْتُ فَشَكَرْتُكَ بِإِدْخَالِي فِي كَرَمِكَ، وَ لِتَطْهِيرِ قَلْبِي
مِنْ أَوْسَاحِ الْغَفْلَةِ عَنكَ .



My Lord, I was not strong enough to move away from Your disobedience, except when You awakened me to Your love and I was exactly as You wanted me to be. I am thankful to You for bringing me into Your kindness and purging my heart of the impurity of being inattentive to You.

إِلَهِي انظُرْ إِلَيَّ نَظَرَ مَنْ نَادَيْتَهُ فَأَجَابَكَ، وَاسْتَعْمَلْتَهُ
بِمَعُونَتِكَ فَأَطَاعَكَ، يَا قَرِيبًا لَا يَبْعُدُ عَنِ الْمُغْتَرِّ بِهِ، وَيَا
جَوَادًا لَا يَبْخُلُ عَمَّنْ رَجَا ثَوَابَهُ. إِلَهِي هَبْ لِي قَلْبًا
يُدْنِيهِ مِنْكَ شَوْقُهُ، وَ لِسَانًا يُرْفَعُ إِلَيْكَ صِدْقُهُ، وَنَظْرًا
يُقَرِّبُهُ مِنْكَ حَقُّهُ.



My Lord, look upon me as a person whom You have called and he answered You, whom You helped to serve You and he obeyed You. O You Who are near and Who are not far from the one who is infatuated with You. O You Who are munificent and do not withhold Your reward from the one who hopes for it.

My Lord, provide me with a heart, the passion of which may bring it near to You, with a tongue the truthfulness of which may bring him to You, and with a correct outlook which may bring him close to You.

إِلَهِي إِنَّ مَنْ تَعَرَّفَ بِكَ غَيْرَ مَجْهُولٍ، وَمَنْ لَازَبَكَ غَيْرُ
مَخْذُولٍ، وَمَنْ أَقْبَلْتَ عَلَيْهِ غَيْرُ مَمْلُوكٍ [مَمْلُولٍ]؛



My Lord, whoever becomes known through You is not unknown. Whoever takes shelter with You will not be helpless. And the one to whom You turn is not a slave.

إِلَهِي إِنَّ مَنِ انْتَهَجَ بِكَ لِمُسْتَنِيرٌ، وَإِنَّ مَنِ اعْتَصَمَ
بِكَ لِمُسْتَجِيرٌ، وَقَدْ لُذْتُ بِكَ يَا إِلَهِي فَلَا تُخَيِّبْ ظَنِّي
مِنْ رَحْمَتِكَ، وَلَا تَحْجُبْنِي عَنْ رَأْفَتِكَ . إِلَهِي أَقِمْنِي
فِي أَهْلِ وِلَايَتِكَ مُقَامَ مَنْ رَجَا الزِّيَادَةَ مِنْ مَحَبَّتِكَ .



The one who walks the path with Your help is enlightened, and the one who takes refuge in You is saved. So my Lord, I have taken refuge in You. Therefore, do not disappoint me of Your Mercy and do not withhold Your Kindness from me.

My Lord, place me among Your friends in the position of one who hopes for an increase in Your love.

إِلَهِي وَاللَّهُمَّ إِنِّي وَلَهَا بِذِكْرِكَ إِلَيَّ ذِكْرِكَ، وَهَمَّتِي فِي رُوحِ
نَجَاحِ أَسْمَائِكَ وَمَحَلِّ قُدْسِكَ. إِلَهِي بِكَ عَلَيْكَ إِلَّا
الْحَقُّنِي بِمَحَلِّ أَهْلِ طَاعَتِكَ، وَالْمَثْوَى الصَّالِحِ مِنْ
مَرْضَاتِكَ، فَإِنِّي لَا أَقْدِرُ لِنَفْسِي دَفْعاً، وَلَا أَمْلِكُ لَهَا نَفْعاً.



My Lord, inspire me with a passionate love for remembering You so that I may keep on remembering You, and may my struggle be aimed at reaching Your holy name and pure position.

My Lord, I invoke You to admit me to the place reserved for those who obey You, and to take me to the abode that is appropriate for those who enjoy Your good pleasure. Because I cannot remove that which harms me or attract that which is advantageous to me.

إِلَهِي أَنَا عَبْدُكَ الضَّعِيفُ الْمُدْنِبُ، وَمَمْلُوكُكَ الْمُنِيبُ
فَلَا تَجْعَلْنِي مِمَّنْ صَرَفَتْ عَنْهُ وَجْهَكَ، وَحَجَبَهُ سَهْوُهُ
عَنْ عَفْوِكَ .

إِلَهِي هَبْ لِي كَمَالَ الانْقِطَاعِ إِلَيْكَ، وَأَنْزِرْ أَبْصَارَ قُلُوبِنَا
بِضِيَاءِ نَظَرِهَا إِلَيْكَ، حَتَّى تَخْرِقَ أَبْصَارَ الْقُلُوبِ حُجُبَ
النُّورِ فَتَصِلَ إِلَى مَعْدِنِ الْعَظْمَةِ، وَتَصِيرَ أَرْوَاحُنَا مُعَلَّقَةً
بِعِزِّ قُدْسِكَ.

إِلَهِي وَاجْعَلْنِي مِمَّنْ نَادَيْتَهُ فَأَجَابَكَ، وَلَا حَظَّتْهُ
فَصَعِقَ لِجَلَالِكَ، فَنَاجَيْتَهُ سِرًّا وَعَمِلَ لَكَ جَهْرًا؛



My Lord, I am Your weak, sinning slave and Your repentant servant. So do not make me one of those from whom You turn away Your face, and whom his mistakes have prevented him from receiving Your forgiveness.

My Lord, grant me complete severance from everything but You. Enlighten the eyes of our hearts with the light of their looking at You to the extent that they penetrate the veils of light and reach the source of magnificence, and let our souls become suspended in the glory of Your holiness.

My Lord, make me one of those whom You call and they respond. And when You look at them, they faint due to Your majesty. You whisper to them in secret, and they work for You openly.



إِلَهِي لَمْ أُسَلِّطْ عَلَى حُسْنِ ظَنِّي قُنُوطَ الْأَيَّاسِ، وَلَا

انْقَطَعَ رَجَائِي مِنْ جَمِيلِ كَرَمِكَ .

إِلَهِي إِنْ كَانَتِ الْخَطَايَا قَدْ أَسْقَطْتَنِي لَدَيْكَ فَاصْفَحْ

عَنِّي بِحُسْنِ تَوَكُّلِي عَلَيْكَ .

إِلَهِي إِنْ حَطَّتَنِي الذُّنُوبُ مِنْ مَكَارِمِ لُطْفِكَ فَقَدْ

نَبَّهْتَنِي الْيَقِينَ إِلَى كَرَمِ عَظْفِكَ .

إِلَهِي إِنْ أَنَامْتَنِي الْغَفْلَةَ عَنِ الاسْتِعْدَادِ لِلِقَائِكَ فَقَدْ

نَبَّهْتَنِي الْمَعْرِفَةَ بِكَرَمِ آلائِكَ .



My Lord, I have not allowed my pessimistic despair to overcome my good opinion about You, nor have I ever lost hope in Your benevolence.

My Lord, if my errors have degraded me before You, You can forgive me due to my unqualified reliance on You.

My Lord, if my sins have made me unfit to receive Your tender affection, my firm belief has reminded me of Your compassion.

My Lord, if my disregard for preparing to meet You has put me to sleep, my knowledge of Your kind bounties has awakened me.



إِلَهِي إِنَّ دَعَانِي إِلَى النَّارِ عَظِيمٌ عِقَابِكَ فَقَدْ دَعَانِي
إِلَى الْجَنَّةِ جَزِيلٌ ثَوَابِكَ . إِلَهِي فَلَكَ أَسْأَلُ وَإِلَيْكَ
أُبْتَهِلُ وَأَرْغَبُ، وَأَسْأَلُكَ أَنْ تُصَلِّيَ عَلَيَّ مُحَمَّدٍ وَآلِ
مُحَمَّدٍ وَأَنْ تَجْعَلَنِي مِمَّنْ يُدِيمُ ذِكْرَكَ، وَلَا يَنْقُضُ
عَهْدَكَ، وَلَا يَغْفُلُ عَن شُكْرِكَ، وَلَا يَسْتَخِفُّ بِأَمْرِكَ .



My Lord, if Your severe punishment calls me to Hell, the abundance of Your reward invites me to Paradise.

My Lord, I ask You, pray to You beseechingly, and have hope in You. I request that You show Your favor to Muhammad and his descendants. Make me one of those who always remembers You, never violates the pledge he/she has made to You, does not fail to show You his/her gratitude, and does not take Your orders lightly.

إِلَهِي وَأَلْحِقْنِي بِنُورِ عِزِّكَ الْأَبْهَجِ فَأَكُونَ لَكَ عَارِفًا،
وَعَنْ سِوَاكَ مُنْحَرِفًا، وَمِنْكَ خَائِفًا مُرَاقِبًا، يَا ذَا الْجَلَالِ
وَالْإِكْرَامِ، وَصَلَّى اللَّهُ عَلَى مُحَمَّدٍ رَسُولِهِ وَآلِهِ
الطَّاهِرِينَ وَسَلَّمَ تَسْلِيمًا كَثِيرًا.



My Lord, let me be attached to the light of Your majestic, joyous glory, so that I may know You alone, be away from others, fear You and be watchful [about Your demands], O You Who are great and magnanimous. May Allah's abundant blessings and peace be upon Muhammad and upon his Pure Progeny.

FULL ENGLISH TRANSLATION OF THE SHA'BANIYAH SUPPLICATION



In the Name of God, the Compassionate, the Merciful

My Lord, bestow Your blessings on Muhammad and his descendants. Hear my prayer when I pray to You, listen to my call when I call You, and turn to me when I make my submission to You in confidence. I have come running to You and am standing before You, imploring You in humility and indigence, and hoping to get the reward You have for me.

You know what is in my heart, and You are aware of what I need. You know me and nothing is hidden from You. You know where I am going and You are not unaware of my future, what I want to begin my speech with, the request I wish to utter, or of the hopes I have in regard to my ultimate fate.



My Master, whatever You have destined for me up to the end of my life, whether concerning the open aspects of my life or the hidden aspects of it, is bound to come about. What is to my advantage and what is to my disadvantage - all my losses and gains - are in Your hand, and not in the hand of anyone else. My Lord, if You deprive me, who will be able to provide me with sustenance. If You debase me, who will be able to help me?

My Lord, I seek Your protection from Your wrath and from earning Your displeasure. My Lord, if I am not deserving of gaining Your mercy, You are certainly deserving to be generous to me by virtue of Your magnanimity. My Lord, I see that it is as if I am standing before You with all my being and all my trust is in You. You have done what befitted You and covered me with Your forgiveness.



My Lord, if You forgive me, who is more suited than You to do so? If the time of my death has come near and my deeds have not yet brought me close to You, I make this confession of my sins a means of approaching You. I have been unjust to my soul for I have not taken care of it, and it will certainly be doomed if You do not forgive me.



My Lord, You have always been kind to me during my lifetime. Therefore, do not cut off Your favor from me at the time of my death. My Lord, how can I lose hope of Your looking at me kindly after my death, when You have always been good to me during my life. My Lord, with regard to me, do what befits You and bestow Your favor on me, a sinner encircled by his ignorance.





My Lord, You have concealed many of my sins in this world. I am in greater need of their being concealed in the next. As You have not revealed my sins even to any of Your pious servants, do not expose me on the Day of Resurrection to anyone. My Lord, Your generosity has increased my aspiration, and Your forgiveness is superior to my deeds. My Lord, so gladden my heart by allowing me to meet You on the day You judge between Your servants.

My Lord, my apology to You is the apology of him who cannot afford for his apology to not be accepted. So accept my apology, You are the most magnanimous of those to whom the evildoers present their apologies.



My Lord, do not turn down my request, do not decline my yearnings, and do not cut off my hope and wishes from You. My Lord, if You had wanted to disgrace me, You would not have guided me. And if You had wanted to expose my faults and vices, You would not have kept me safe and sound. My Lord, I do not think that You will turn down my request in asking You for that which I have spent my whole life.



My Lord, all praise is due to You, always and forever, growing and not diminishing, as You like and please. My Lord, if You condemn me for my crimes, I will cling to Your forgiveness. If You hold me for my sins, I will cling to the hope of Your pardoning me. If You throw me into Hell, I will tell its inmates that I love You.



My Lord, if my deeds are too small in relation to how I should have obeyed You, my aspirations are high with what I should expect from You. My Lord, how can I go away from You unsuccessful and disappointed when I had the high hope that You would be forgiving and send me on while enjoying safety and deliverance. My Lord, I have wasted my life with a greed for forgetting You and I have ruined my youthhood lost in keeping myself away from You. My Lord, I did not wake up when I was arrogant with respect to You and was inclined to earn Your displeasure.





My Lord, I am Your servant and the child of Your servant. I am standing before You, and I am trying to use Your own magnanimity as a means of approaching You. My Lord, I am a servant of Yours. I wish to rid myself of the sins I used to commit in Your presence because I lacked a sense of feeling ashamed that You were watching me. I request You to forgive me, because forgiveness is a characteristic of Your kindness. My Lord, I was not strong enough to move away from Your disobedience, except when You awakened me to Your love and I was exactly as You wanted me to be. I am thankful to You for bringing me into Your kindness and purging my heart of the impurity of being inattentive to You.



My Lord, look upon me as a person whom You have called and he answered You, whom You helped to serve You and he obeyed You. O You Who are near and Who are not far from the one who is infatuated with You. O You Who are munificent and do not withhold Your reward from the one who hopes for it.



My Lord, provide me with a heart, the passion of which may bring it near to You, with a tongue the truthfulness of which may bring him to You, and with a correct outlook which may bring him close to You. My Lord, whoever becomes known through You is not unknown. Whoever takes shelter with You will not be helpless. And the one to whom You turn is not a slave.



The one who walks the path with Your help is enlightened, and the one who takes refuge in You is saved. So my Lord, I have taken refuge in You. Therefore, do not disappoint me of Your Mercy and do not withhold Your Kindness from me. My Lord, place me among Your friends in the position of one who hopes for an increase in Your love. My Lord, inspire me with a passionate love for remembering You so that I may keep on remembering You, and may my struggle be aimed at reaching Your holy name and pure position.





My Lord, I invoke You to admit me to the place reserved for those who obey You, and to take me to the abode that is appropriate for those who enjoy Your good pleasure. Because I cannot remove that which harms me or attract that which is advantageous to me. My Lord, I am Your weak, sinning slave and Your repentant servant. So do not make me one of those from whom You turn away Your face, and whom his mistakes have prevented him from receiving Your forgiveness.



My Lord, grant me complete severance from everything but You. Enlighten the eyes of our hearts with the light of their looking at You to the extent that they penetrate the veils of light and reach the source of magnificence, and let our souls become suspended in the glory of Your holiness. My Lord, make me one of those whom You call and they respond. And when You look at them, they faint due to Your majesty. You whisper to them in secret, and they work for You openly.



My Lord, I have not allowed my pessimistic despair to overcome my good opinion about You, nor have I ever lost hope in Your benevolence. My Lord, if my errors have degraded me before You, You can forgive me due to my unqualified reliance on You. My Lord, if my sins have made me unfit to receive Your tender affection, my firm belief has reminded me of Your compassion.



My Lord, if my disregard for preparing to meet You has put me to sleep, my knowledge of Your kind bounties has awakened me. My Lord, if Your severe punishment calls me to Hell, the abundance of Your reward invites me to Paradise. My Lord, I ask You, pray to You beseechingly, and have hope in You. I request that You show Your favor to Muhammad and his descendants. Make me one of those who always remembers You, never violates the pledge he/she has made to You, does not fail to show You his/her gratitude, and does not take Your orders lightly.





My Lord, let me be attached to the light of Your majestic, joyous glory, so that I may know You alone, be away from others, fear You and be watchful [about Your demands], O You Who are great and magnanimous.

May Allah's abundant blessings and peace be upon Muhammad and upon his Pure Progeny.



FULL ARABIC TEXT OF THE SHA'BANIYAH SUPPLICATION



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَاسْمَعْ دُعَائِي
إِذَا دَعَوْتُكَ، وَاسْمَعْ نِدَائِي إِذَا نَادَيْتُكَ، وَأَقْبِلْ عَلَيَّ
إِذَا نَاجَيْتُكَ، فَقَدْ هَرَبْتُ إِلَيْكَ، وَوَقَفْتُ بَيْنَ يَدَيْكَ
مُسْتَكِينًا لَكَ، مُتَضَرِّعًا إِلَيْكَ، رَاجِيًا لِمَا لَدَيْكَ ثَوَابِي،
وَتَعَلَّمُ مَا فِي نَفْسِي، وَتَخْبُرُ حَاجَتِي، وَتَعْرِفُ
ضَمِيرِي، وَلَا يَخْفَى عَلَيْكَ أَمْرٌ مُنْقَلَبِي وَمَثْوَايَ، وَمَا
أُرِيدُ أَنْ أُبْدِيَ بِهِ مِنْ مَنطِقِي، وَأَتَفَوَّهُ بِهِ مِنْ
طَلِبَتِي، وَأَرْجُوهُ لِعَاقِبَتِي، وَقَدْ جَرَتْ مَقَادِيرُكَ عَلَيَّ
يَا سَيِّدِي فِيمَا يَكُونُ مِنِّي إِلَى آخِرِ عُمْرِي مِنْ
سَرِيرَتِي وَعَلَانِيَتِي وَبَيْدِكَ لَا يَبِيدُ غَيْرُكَ زِيَادَتِي
وَنَقْصِي وَنَفْعِي وَضَرِّي .

إِلَهِي إِنْ حَرَمْتَنِي فَمَنْ ذَا الَّذِي يَرْزُقُنِي ؟ وَ إِنْ
خَذَلْتَنِي فَمَنْ ذَا الَّذِي يَنْصُرُنِي؛ إِلَهِي أَعُوذُ بِكَ مِنْ
غَضَبِكَ وَحُلُولِ سَخَطِكَ . إِلَهِي إِنْ كُنْتُ غَيْرَ
مُسْتَأْهِلٍ لِرَحْمَتِكَ فَأَنْتَ أَهْلٌ أَنْ تَجُودَ عَلَيَّ بِفَضْلِ
سَعَتِكَ. إِلَهِي كَأَنِّي بِنَفْسِي وَاقِفَةٌ بَيْنَ يَدَيْكَ وَقَدْ
أَظْلَمْتُ حُسْنَ تَوَكُّلِي عَلَيْكَ فَقُلْتَ مَا أَنْتَ أَهْلُهُ
وَتَغَمَّدْتَنِي بِعَفْوِكَ .



إِلَهِي إِنْ عَفَوْتَ فَمَنْ أَوْلَى مِنْكَ بِذَلِكَ ؟ وَ إِنْ كَانَ
قَدْ دَنَا أَجَلِي وَلَمْ يُدْنِنِي مِنْكَ عَمَلِي فَقَدْ جَعَلْتُ
الْإِقْرَارَ بِالذَّنْبِ إِلَيْكَ وَسِيلَتِي . إِلَهِي قَدْ جُرْتُ عَلَى
نَفْسِي فِي النَّظَرِ لَهَا فَلَهَا الْوَيْلُ إِنْ لَمْ تَغْفِرْ لَهَا .
إِلَهِي لَمْ يَزَلْ بِرِّكَ عَلَيَّ أَيَّامَ حَيَاتِي فَلَا تَقْطَعْ بِرِّكَ
عَنِّي فِي مَمَاتِي .



إِلَهِي كَيْفَ آيَسُ مِنْ حُسْنِ نَظْرِكَ لِي بَعْدَ مَمَاتِي
وَأَنْتَ لَمْ تُؤَلِّنِي إِلَّا الْجَمِيلَ فِي حَيَاتِي؛ إِلَهِي تَوَلَّ
مِنْ أَمْرِي مَا أَنْتَ أَهْلُهُ، وَعُدْ عَلَيَّ بِفَضْلِكَ عَلَيَّ
مُذْنِبٍ قَدْ غَمَّرَهُ جَهْلُهُ. إِلَهِي قَدْ سَتَرْتَ عَلَيَّ ذُنُوبًا
فِي الدُّنْيَا وَأَنَا أَحْوَجُ إِلَيْ سِتْرِهَا عَلَيَّ مِنْكَ فِي
الْآخِرَى. إِلَهِي قَدْ أَحْسَنْتَ إِلَيَّ إِذْ لَمْ تُظْهِرْهَا لِأَحَدٍ
مِنْ عِبَادِكَ الصَّالِحِينَ فَلَا تَفْضَحْنِي يَوْمَ الْقِيَامَةِ
عَلَيَّ رُؤُوسِ الْأَشْهَادِ.





إِلَهِي جُودُكَ بَسَطَ أَمَلِي، وَعَفْوُكَ أَفْضَلُ مِنْ عَمَلِي.
إِلَهِي فَسِّرْ لِي بِلِقَائِكَ يَوْمَ تَقْضَى فِيهِ بَيْنَ عِبَادِكَ.
إِلَهِي اعْتِذَارِي إِلَيْكَ اعْتِذَارٌ مَنْ لَمْ يَسْتَغْنِ عَنْ
قَبُولِ عُذْرِهِ فَاقْبَلْ عُذْرِي يَا أَكْرَمَ مَنْ اعْتَذَرَ إِلَيْهِ
الْمُسِيئُونَ؛ إِلَهِي لَا تَرُدَّ حَاجَتِي، وَلَا تُخَيِّبْ طَمَعِي،
وَلَا تَقْطَعْ مِنْكَ رَجَائِي وَأَمَلِي. إِلَهِي لَوْ أَرَدْتَ هَوَانِي
لَمْ تَهْدِنِي، وَلَوْ أَرَدْتَ فَضِيحَتِي لَمْ تُعَافِنِي. إِلَهِي مَا
أَظُنُّكَ تَرُدُّنِي فِي حَاجَةٍ قَدْ أَفْنَيْتُ عُمْرِي فِي طَلِبِهَا
مِنْكَ. إِلَهِي فَلَكَ الْحَمْدُ أَبَدًا أَبَدًا دَائِمًا سَرْمَدًا يَزِيدُ
وَلَا يَبِيدُ كَمَا تُحِبُّ وَتَرْضَى. إِلَهِي إِنْ أَخَذْتَنِي
بِجُرْمِي أَخَذْتُكَ بِعَفْوِكَ، وَإِنْ أَخَذْتَنِي بِذُنُوبِي
أَخَذْتُكَ بِمَغْفِرَتِكَ، وَإِنْ أَدْخَلْتَنِي النَّارَ أَعْلَمْتُ أَهْلِهَا
أَنِّي أُحِبُّكَ. إِلَهِي إِنْ كَانَ صَغُرَ فِي جَنْبِ طَاعَتِكَ
عَمَلِي فَقَدْ كَبُرَ فِي جَنْبِ رَجَائِكَ أَمَلِي.



إِلَهِي كَيْفَ أَنْقَلِبُ مِنْ عِنْدِكَ بِالْخَيْبَةِ مَحْرُومًا وَقَدْ
كَانَ حُسْنُ ظَنِّي بِجُودِكَ أَنْ تَقْلِبَنِي بِالنَّجَاةِ مَرْحُومًا
؟! إِلَهِي وَقَدْ أَفْنَيْتُ عُمْرِي فِي شِرَّةِ السَّهْوِ عَنكَ،
وَأَبْلَيْتُ شَبَابِي فِي سَكْرَةِ التَّبَاعُدِ مِنْكَ . إِلَهِي فَلَمْ
أَسْتَيْقِظْ أَيَّامَ اغْتِرَارِي بِكَ، وَرُكُونِي إِلَى سَبِيلِ
سَخَطِكَ؛ إِلَهِي وَأَنَا عَبْدُكَ وَابْنُ عَبْدِكَ قَائِمٌ بَيْنَ
يَدَيْكَ، مُتَوَسِّلٌ بِكَرَمِكَ إِلَيْكَ. إِلَهِي أَنَا عَبْدٌ أَتَنَصَّلُ
إِلَيْكَ مِمَّا كُنْتُ أَوَاجِهُكَ بِهِ مِنْ قِلَّةِ اسْتِحْيَائِي مِنْ
نَظْرِكَ، وَأَطْلُبُ الْعَفْوَ مِنْكَ إِذِ الْعَفْوُ نَعْتُ لِكَرَمِكَ.





إِلَهِي لَمْ يَكُنْ لِي حَوْلٌ فَأَنْتَقِلْ بِهِ عَن مَعْصِيَتِكَ إِلَّا
فِي وَقْتٍ أَيْقَظْتَنِي لِمَحَبَّتِكَ، وَكَمَا أَرَدْتَ أَنْ أَكُونَ
كُنْتُ فَشَكَرْتُكَ بِإِدْخَالِي فِي كَرَمِكَ، وَ لِتَطْهِيرِ قَلْبِي
مِنْ أَوْسَاخِ الْغَفْلَةِ عَنْكَ. إِلَهِي انْظُرْ إِلَيَّ نَظْرَ مَنْ
نَادَيْتَهُ فَأَجَابَكَ، وَاسْتَعْمَلْتَهُ بِمَعُونَتِكَ فَاطَاعَكَ، يَا
قَرِيباً لَا يَبْعُدُ عَنِ الْمُغْتَرِّ بِهِ، وَيَا جَوَاداً لَا يَبْخُلُ عَمَّنْ
رَجَا ثَوَابَهُ. إِلَهِي هَبْ لِي قَلْباً يُدْنِيهِ مِنْكَ شَوْقُهُ، وَ
لِسَاناً يُرْفَعُ إِلَيْكَ صِدْقُهُ، وَنَظْرًا يُقَرِّبُهُ مِنْكَ حَقُّهُ.
إِلَهِي إِنَّ مَنْ تَعَرَّفَ بِكَ غَيْرُ مَجْهُولٍ، وَمَنْ لَادَبَكَ
غَيْرُ مَخْذُولٍ، وَمَنْ أَقْبَلَتْ عَلَيْهِ غَيْرُ مَمْلُوكٍ
[مَمْلُولٍ]؛





إِلَهِي إِنَّ مِنْ أَنْتَهَجِ بِكَ لِمُسْتَنْيرٍ، وَإِنَّ مِنْ اِعْتَصَمَ
بِكَ لِمُسْتَجِيرٍ، وَقَدْ لُدْتُ بِكَ يَا إِلَهِي فَلَا تُخَيِّبْ
ظَنِّي مِنْ رَحْمَتِكَ، وَلَا تَحْجُبْنِي عَنْ رَأْفَتِكَ . إِلَهِي
أَقِمْنِي فِي أَهْلِ وِلَايَتِكَ مُقَامَ مَنْ رَجَا الزِّيَادَةَ مِنْ
مَحَبَّتِكَ . إِلَهِي وَاللَّهُمَّ نِي وَلَهَا بِذِكْرِكَ إِلَى ذِكْرِكَ،
وَهَمَّتِي فِي رَوْحِ نَجَاحِ أَسْمَائِكَ وَمَحَلِّ قُدْسِكَ .
إِلَهِي بِكَ عَلَيْكَ إِلَّا الْحَقُّنِي بِمَحَلِّ أَهْلِ طَاعَتِكَ،
وَالْمَثْوَى الصَّالِحِ مِنْ مَرْضَاتِكَ، فَإِنِّي لَا أَقْدِرُ لِنَفْسِي
دَفْعًا، وَلَا أَمْلِكُ لَهَا نَفْعًا .





إِلَهِي أَنَا عَبْدُكَ الضَّعِيفُ المُذْنِبُ، وَمَمْلُوكُكَ المُنِيبُ
فَلَا تَجْعَلْنِي مِمَّنْ صَرَفَتْ عَنْهُ وَجْهَكَ، وَحَجَبَهُ
سَهْوُهُ عَنْ عَفْوِكَ. إِلَهِي هَبْ لِي كَمَالَ الانْقِطَاعِ
إِلَيْكَ، وَأَنْزِرْ أَبْصَارَ قُلُوبِنَا بِضِيَاءِ نَظَرِهَا إِلَيْكَ، حَتَّى
تَخْرِقَ أَبْصَارَ القُلُوبِ حُجُبَ النُّورِ فَتَصِلَ إِلَى مَعْدِنِ
العَظْمَةِ، وَتَصِيرَ أَرْوَاحُنَا مُعَلَّقَةً بِعِزِّ قُدْسِكَ. إِلَهِي
وَاجْعَلْنِي مِمَّنْ نَادَيْتَهُ فَأَجَابَكَ، وَلَا حَظَّتْهُ فَصَعِقَ
لِجَلَالِكَ، فَنَاجَيْتَهُ سِرًّا وَعَمِلَ لَكَ جَهْرًا؛



إِلَهِي لَمْ أُسَلِّطْ عَلَى حُسْنِ ظَنِّي قُنُوطَ الْأَيَّاسِ، وَلَا
انْقَطَعَ رَجَائِي مِنْ جَمِيلِ كَرَمِكَ . إِلَهِي إِنْ كَانَتْ
الْخَطَايَا قَدْ أَسْقَطْتَنِي لَدَيْكَ فَاصْفَحْ عَنِّي بِحُسْنِ
تَوَكُّلِي عَلَيْكَ . إِلَهِي إِنْ حَطَّتَنِي الذُّنُوبُ مِنْ مَكَارِمِ
لُطْفِكَ فَقَدْ نَبَّهْتَنِي الْيَقِينَ إِلَى كَرَمِ عَطْفِكَ . إِلَهِي إِنْ
أَنَامْتَنِي الْغَفْلَةَ عَنِ الاسْتِعْدَادِ لِلِقَائِكَ فَقَدْ نَبَّهْتَنِي
الْمَعْرِفَةَ بِكَرَمِ آيَاتِكَ .



إِلَهِي إِنْ دَعَانِي إِلَى النَّارِ عَظِيمٍ عِقَابِكَ فَقَدْ دَعَانِي
إِلَى الْجَنَّةِ جَزِيلٌ ثَوَابِكَ . إِلَهِي فَلَكَ أَسْأَلُ وَإِلَيْكَ
أَبْتَهَلُ وَأَرْغَبُ، وَأَسْأَلُكَ أَنْ تُصَلِّيَ عَلَيَّ مُحَمَّدٍ وَآلِ
مُحَمَّدٍ وَأَنْ تَجْعَلَنِي مِمَّنْ يُدِيمُ ذِكْرَكَ، وَلَا يَنْقُضُ
عَهْدَكَ، وَلَا يَغْفُلُ عَنْ شُكْرِكَ، وَلَا يَسْتَخِفُّ بِأَمْرِكَ
. إِلَهِي وَالْحَقُّنِي بِنُورِ عِزِّكَ الْأَبْهَجِ فَأَكُونَ لَكَ عَارِفًا،
وَعَنْ سِوَاكَ مُنْحَرِفًا، وَمِنْكَ خَائِفًا مُرَاقِبًا، يَا ذَا
الْجَلَالِ وَالْإِكْرَامِ، وَصَلَّى اللَّهُ عَلَيَّ مُحَمَّدٍ رَسُولِهِ وَآلِهِ
الطَّاهِرِينَ وَسَلَّم تَسْلِيمًا كَثِيرًا.

